

JACOB NEWS

No. 6



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HIGHLIGHTS

- ✔ Dry dock completed on Nordic Tatiana
- ✔ Dry dock completed on Nordic Tristan
- ✔ Company participation in Hamburg WASSER 2022 Traithalon
- ✔ Additional Apprentice joined the team

Meet the new additions to the Jacob Team!

Please welcome Captain Martins Kazaks our new Marine/Vetting Superintendent.

Firstly let me introduce myself I was born on 29 August 1979 in a small town called Saldus in Latvia. I am the only child to my mother who raised me by herself. When I was 6 years old, I went with my mother on holiday to the Georgian Black Sea and there it was the first time that I had stepped on a real ship. It was only a pleasure passenger boat but at that time it was such an impressive event for me that I straight wanted to become a sailor.

After graduation I left my home town to study in Riga Marine Academies Marine school. The first ocean going ship that I joined as a cadet was after my completion of second stage at

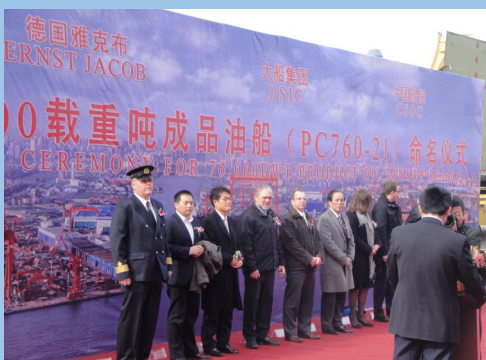
Marine school. I was only 17 years old and I even needed my mothers written permission to leave the country.

My first ocean going vessel was the oldest ship in the entire Latvian Shipping Company at that time. It was a reefer ship built in 1973 in Poland with very poor living and work conditions. I joined in port Hamburg at America hafen and after 6 months on board in such conditions, I was in doubt if I would continue with my studies in Marine School. With a hope to have better luck in the future, I decided to continue with my studies. The second ship which I joined as a cadet was the total opposite; the newest and most modern reefer ship in LSC at that time.

After graduation in 1999, I continued my studies for next 2 years in Liepaja Maritime College and after graduation joined back my previous vessel as an Able Seaman. Over the next 4 years I continued to work my way up to 2nd officer position. After a few contracts as second mate on reefer ships I was offered the possibility for transfer to the tankers and in 2004 I joined my first tanker in 3rd officer position.



Capt. Martins Kazaks



Capt. Martins Kazaks (f.l) at the unveiling of Till Jacob in 2012

Let's celebrate EJ employees



Our lovely team has had many work anniversaries in 2022. Let's raise a virtual toast to our fellow team members and thank them for their continuous hard work and dedication to the team

Years	Name
5	Laura Schwarze
10	Alexander Müller-Linow
10	Peter Juul Christensen
15	Alexa Friederich
15	Kerstin Lorenzen



Meet the new additions to the EJ Team! *Continued...*

In 2008, my previous company sold all its 4 vessels and with assistance from one of my previous captains in 29 August 2008 at Savana, US I joined MT Johann Jacob in Chief Officer position.

Up to now I still very well remember that day as it was my 29 years birthday. Since that day I'm here, already 14 years with our small family company with own spirit and history. This year I joined our company office team to work as Marine Superintendent ashore and to see all from back side of stage. After 25 years of work at sea it was huge challenge to change all in my life and to adopt for totally different lifestyle.

Secondly, please meet our new Azubi Ms. Katharina Becker

I started my apprenticeship at Ernst Jacob in August 2022. Technical purchase was my first department and I had a great start there, as I was warmly welcomed into the team and gained an accurate insight into the purchasing process from requisitions to the final delivery on board.

I especially liked the fact that I was given my own tasks after a short time where I could improve myself steadily and also the opportunity to have contact with the crew members on board.

After only two weeks, I had the great opportunity to accompany one of the ten ships during the shipyard period in Gdansk/Poland together with the technical superintendent.

Especially at the beginning it was challenging but an incredibly great chance to get an understanding of the dimension of a ship, which I was not aware of before but also to get an insight into the tasks and challenges of such a shipyard period.



Katharina Becker during dry dock of Nordic Tristan

And last but not least please welcome our new Financial Controller—Mr. Lucas Meik



Mr. Lucas Meik

I joined the Jacob Team in August 2022 as a Financial Controller. I am 25 years old, born and raised in Hamburg. Next to the job, I am also a part-time student attending a master's program "M.Sc. Financial Management and Accounting".

The Jacob Family welcomed me in a friendly manner; making me feel very comfortable around the office. My new job comes with a lot of opportunities for learning, as I had no previous working experience in shipping. I am intrigued by the internationality of our field; therefore, I am happy to get more insights from my colleagues and be part of the machinery. So far, everyone supports me and helps me to take a foothold on my tasks.

I was also able to experience the famous breakfast in the office and I can say that it is indeed delicious! ;-)

Since joining the company, I was able to gain all kinds of different and exciting experiences. My personal highlight so far is my visit of MT Nordic Tatiana in September during her 15-years class renewal docking in Gdansk, Poland. I got to know some of the crew members, besides showing me around they gave me great amount of insights into the life on board. These experiences always keep the work interesting and eventful. I am looking forward to many more exciting days with Ernst Jacob in shipping!

Meet our Jacob Warriors!

Our brave Jacob Warriors were proud this year to participate in the 2022 Hamburg Wasser Triathlon in the Sprint Relay event. We asked some of our colleagues what it was like for them to train and participate in the event.



“I always kept in mind when thinking of the Triathlon— Why Be Bad At One Sport When You Be Bad At Three” by Petar Aleksandrov:

It started back in 2015 when our business partners from Georg Duncker invited us to participate in the Hamburg Wasser Triathlon individually or as part of the relay teams. Back then Miriam (bike), Leon (bike) and me (run) who took part in and proudly represented our Company in the different relay teams. During that event we participated in the Sprint Distance which included the following distances of 0.5 km swimming, 20 km cycling and a 5km run. That was my first time not only to witness but also to participate the World’s biggest Triathlon. It was really impressive to see all of the organisational aspects of the event and how professional the coordinators were.

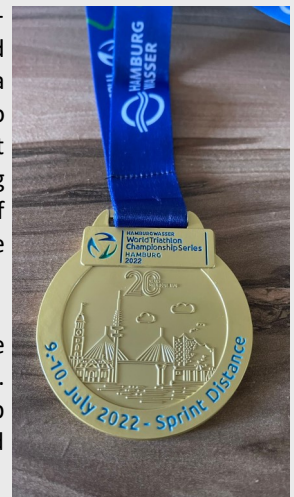
Petar Aleksandrov—our cycling hero!

Each year, more than 10,000 participants and hundreds of thousands of spectators are blown away by the incredible atmosphere at the Hamburg Triathlon. I still remember during my first participation, the night before the Triathlon I met my team mates from the other companies for the very first time and we had a lovely Pasta Party. When I shared my expectation to run 5km in approximately 30 minutes didn’t impress them very much but even with this estimation I managed to shave a couple of minutes from my real achievements at that time moment. To mine and my team mates surprise I was able to finish in 28:00 minutes! I felt great and ... motivated. I of course had a few motivational factors that helped me to push myself:

able to finish in 28:00 minutes! I felt great and ... motivated. I of course had a few motivational factors that helped me to push myself:

- In my eyes, there were people much older and much less fit people than me who were also participating and managing to run to the finish line.
- My colleague Miriam was completing in the 20km biking event without switching any gears and even while wearing RUNNING SHOES!!! And her time was more than impressive!

The very next weekend I took my street bike and tried to beat Miriam’s time on 20km— but I failed. I almost died, hardly managed to complete 20km but my time was far beyond her achievement. I knew she is a good biker but I learned on that day that she is actually a great biker. It took me a further 2 years to buy my own bike and another few months to dare to step on it with proper shoes, cleats and pedals. One Sunday, hoping that I will not kill myself, I took my backpack with the biking shoes in it and pedalled to the parking place of Aldi with running shoes, put finally the proper biking shoes and the moment of truth has arrived. 20 mins click – unclick exercises and I felt in love with biking. I came home in one piece and walked proudly through the door like real biker!



In 2018 I completed the entire Hamburg Triathlon but this time at the Olympic Distance (swim 1.5km, bike 40km, run 10km) and proudly crossed the finish line in 02:52:58 hours . The engraved finisher’s medal will always remind me that the way to success is to keep pursuing your goals and dreams. The reason for my success was that I strictly followed the Triathlon Rules:

- ① Don’t drown
- ② Don’t crash
- ③ Don’t walk

Event medal - perfect memorabilia

Although I am not able to run anymore due to health issues, I was happy to join our Jacob Team (Miriam swimmer, me cyclist, Julian runner) this year, to celebrate the 20th Anniversary of this great event and to make my humble contribution for reaching 19th place out of 150 teams.

Of course the great round of applause goes to our Owner Tom Jacob who completely sponsored our event, to Alex who beautifully designed our t-shirts, to Miriam as great event organizer and last but not least to our colleagues and families who supported us along the course track. Sharing my experience and impressions wouldn’t be in vain if I managed to inspire at least one more person to increase his physical activity and stay healthy.



Meet our Jacob Warriors continued...

“After 7 years since my last Triathlon participation I “TRled” again with our EJ Teams” by Miriam Abraham:



The IRON TEAM sprint to the finish line!

My Team (internally called the “Iron-Team”) was with Petar (biking) and Julian (running). I participated in the swimming part of the three disciplines. I really thought it would be easier to swim. I am not a bad swimmer but swimming with the right technique, in a good time was a real challenge for me which I did not expect when I started the training. I was surprised and also sometimes frustrated especially when I started to train in the open water wearing a neoprene suit.

In the swimming pool I had a good feeling of success but in the open water I was lost, I lost the power quickly, it was hard to breathe properly and more than once I came out of the water saying “I will sink and they have to catch me out of the Alster Lake! No way I will reach the finish line. No way!!”

I decided not to wear the neoprene suit, hoping for good weather conditions as it was easier to swim with a normal swimming suit.

In our team we all shared our achievements, failures and frustration, but at the same time we were motivating each-other and were able to share our ideas and previous experiences in order to find a better way to complete the events. I believe each of us were pushed out of comfort zones but happy to do so! On the day of the Triathlon everyone was so excited. We started at 10:00 in the morning, the water was “warm” (19 degrees C) and when we started I was simply swimming, with a good technique, not so fast, but good enough to reach the finish line after 13:30 minutes. We did however manage to complete perfect handovers between the disciplines and finished with an overall time of 1:17:09 hrs and our team was awarded position 19 out of 150 Teams! – what to say: IRON TEAM!!! And next Triathlon 2023 can come – I will be ready 😊

“Why didn't you train more” by Peter Juul Christensen:

My experience with TRI is that right from day one I hated it! However day by day I started to train and in the end I loved it. I was even telling myself WHY DIDN'T YOU TRAIN MORE!

But I believe this could have for sure gone a lot differently. I was so lucky that my neighbor had a triathlon bike otherwise I would have been riding around on an old mountain bike. I am sure that if that would have been the case I would have been screaming WHAT HAVE I DONE! So a big thanks to my neighbor.

“What an experience!” by Alexander Müller-Linow:

First-time attendance in the world's largest triathlon as part of three company relay-teams with my fantastic colleagues was a great experience and great fun. Already the training period and the mutual motivation for intense training sessions let the anticipation for the event rise weeks before.

As an experienced road cyclist, the 20km bike course was perhaps not the biggest challenge, but on the beautiful inner-city road circuit, with the numerous spectators along the course and as part of a motivated team, it was a really great experience. Not to forget the joint evening event with all colleagues in a restaurant located at the Alster lake, as a fantastic close of a great day and an unforgettable company event.

And now the fun part starts - after the triathlon ends, the training for the next begins. **See you in 2023!**



The Jacob Warriors celebrate!

A View from Ashore and Onboard!



Our thanks goes to Captain Cedomir Kotic on board our Nordic Basel for the lovely picture on board sailing towards the Golden Gate bridge in San Francisco.



From left to right Mrs. Lorenzen, Mrs. Christensen and Ms. Schwarze during a suppliers event in Hamburg



The entire Jacob team sharing a celebratory evening after the Triathlon event.



Ms. Schwarze experiencing sunny days during Nordic Tristan Dry-Docking.

Help us to create our Newsletter

- ✔ Do you have any news you would like to share with the Jacob Family?
- ✔ How about a thank you to a team/crew member for exceptional work or the help they have provided?

If so, please send us any items that you would like us to include and we will make sure that they are entered in to the next Newsletters.



Your Newsletter Team

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